



RIGPE DORJE CENTRE founded by H.E. the Third Jamgon Kongtrul Rinpoche, Karma Lodro Chokyi Senge
Under the spiritual guidance of H. E. the Fourth Jamgon Kongtrul Rinpoche, Karma Lodro Chokyi Nyima

MARCH 2019 ACTIVITIES

Sunday	Mo	Tuesday	Wednesday	Th	Fri	Saturday
<p>Rigpe Dorje Centre Monthly Membership: \$25 (a portion tax deductible) All membership funds go towards the monthly cost of maintaining the centre and hosting our teachers. However, membership is not required to participate in centre activities.</p>						<p>1 GREEN TARA Puja chanting meditation 10:30 a.m.</p>
<p>3 SHAMATHA Guided Calm Abiding Meditation 10:30 a.m.</p>	<p>4</p>	<p>5 TIBETAN LANGUAGE CLASS Beginners level 6:30 p.m. Intermediate / advanced level 7:30 p.m.</p>	<p>6 MEDICINE BUDDHA Puja chanting meditation 7:30 p.m.</p>	<p>7</p>	<p>8</p>	<p>9 Teaching Je Gampopa's THE JEWEL ORNAMENT OF LIBERATION* 10:30 a.m. - noon & 2 - 4 p.m.</p>
<p>10 SHAMATHA Guided Calm Abiding Meditation 10:30 a.m.</p>	<p>11</p>	<p>12 TIBETAN LANGUAGE CLASS Beginners level 6:30 p.m. Intermediate / advanced level 7:30 p.m.</p>	<p>13 CHENREZIG Puja chanting meditation 7:30 p.m.</p>	<p>14</p>	<p>15</p>	<p>16 WHITE TARA Puja chanting meditation 10:30 a.m.</p>
<p>17 SHAMATHA Guided Calm Abiding Meditation 10:30 a.m.</p>	<p>18</p>	<p>19 TIBETAN LANGUAGE CLASS Beginners level 6:30 p.m. Intermediate / advanced level 7:30 p.m.</p>	<p>20 CALLING THE LAMA FROM AFAR Puja chanting meditation 7:30 p.m.</p>	<p>21</p>	<p>22</p>	<p>23 Teaching Je Gampopa's THE JEWEL ORNAMENT OF LIBERATION* 10:30 a.m. - noon & 2 - 4 p.m.</p>
<p>24 SHAMATHA Guided Calm Abiding Meditation 10:30 a.m.</p>	<p>25</p>	<p>26 TIBETAN LANGUAGE CLASS Beginners level 6:30 p.m. Intermediate / advanced level 7:30 p.m.</p>	<p>27 CHENREZIG Puja chanting meditation 7:30 p.m.</p>	<p>28</p>	<p>29</p>	<p>30 GREEN TARA Puja chanting meditation 10:30 a.m.</p>
<p>31 SHAMATHA Guided Calm Abiding Meditation 10:30 a.m.</p>						

Activities are under the direction, guidance and instruction of Rigpe Dorje Centre's Resident Lama, Acharya Choying Gyurme

March 9 & 23

*THE JEWEL ORNAMENT OF LIBERATION

Participants are welcome to eat their lunch at the centre between sessions; coffee, tea and dessert will be provided for everyone.

Suggested donations:

\$10 for members per session
\$15 for non-members per session
\$40 for members for 6 sessions
\$60 for non-members for 6 sessions

If these suggested donations are not convenient, please give what you can.

RIGPE DORJE CENTRE

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