



RIGPE DORJE CENTRE founded by H.E. the Third Jamgon Kongtrul Rinpoche, Karma Lodro Chokyi Senge
Under the spiritual guidance of H. E. the Fourth Jamgon Kongtrul Rinpoche, Karma Lodro Chokyi Nyima

SEPTEMBER 2019 ACTIVITIES

Activities are under the direction, guidance and instruction of Rigpe Dorje Centre's Resident Lama, Acharya Choying Gyurme

***TIBETAN LANGUAGE CLASSES**

Eight-week courses, only on Tuesday from September 3 to October 29

Members: \$40
Non-members: \$60

September 14 & 28

****THE JEWEL ORNAMENT OF LIBERATION**

Suggested donations:

\$5 for members per session
\$10 for non-members per session

If these suggested donations are not convenient, please give what you can.

For all other activities, although not required, donations of any amount are always welcomed and help to cover the cost of maintaining the centre.

RIGPE DORJE CENTRE

503, 5th Avenue
Verdun (Qc) H4G 2Z2

Verdun Metro
Between Verdun St. And Wellington St.

Tel.: 514-485-8886
info@rigpedorjementreal.org
rigpedorjementreal.org
Facebook: Centre Rigpe Dorje

Sunday	M	Tuesday	Wednesday	T	Fr	Saturday
1 CALM ABIDING MEDITATION 10:30 a.m.	2	3 TIBETAN LANGUAGE CLASS* Advanced Level 1 6 - 7 p.m. Basic Level 1 Tibetan for beginners 7 - 8 p.m.	4 CHENREZIK chanting meditation 7:30 p.m.	5	6	7 GREEN TARA chanting meditation 10:30 a.m.
8 CALM ABIDING MEDITATION 10:30 a.m.	9	10 TIBETAN LANGUAGE CLASS* Advanced Level 1 6 - 7 p.m. Basic Level 1 Tibetan for beginners 7 - 8 p.m.	11 CALLING THE LAMA FROM AFAR chanting meditation 7:30 p.m.	12	13	14 Teaching Je Gampopa THE JEWEL ORNAMENT OF LIBERATION** 10 a.m. - 1 p.m. with tea break
15 CALM ABIDING MEDITATION 10:30 a.m.	16	17 TIBETAN LANGUAGE CLASS* Advanced Level 1 6 - 7 p.m. Basic Level 1 Tibetan for beginners 7 - 8 p.m.	18 CHENREZIK chanting meditation 7:30 p.m.	19	20	21 WHITE TARA chanting meditation 10:30 a.m.
22 CALM ABIDING MEDITATION 10:30 a.m.	23	24 TIBETAN LANGUAGE CLASS* Advanced Level 1 6 - 7 p.m. Basic Level 1 Tibetan for beginners 7 - 8 p.m.	25 MEDICINE BUDDHA chanting meditation 7:30 p.m.	26	27	28 Teaching Je Gampopa THE JEWEL ORNAMENT OF LIBERATION** 10 a.m. - 1 p.m. with tea break
29 CALM ABIDING MEDITATION 10:30 a.m.	30	Rigpe Dorje Centre Monthly Membership: \$25 (a portion tax deductible) Membership funds are essential to the flourishing of the centre - they pay the bills and allow us to host our resident and visiting teachers. However, membership is not required to participate in centre activities.				