



# KAGYU THEKCHEN LING MONASTERY

## Institute for Higher Buddhist Studies

P.O. Lava Bazar- 734319, Dist. Kalimpong, West Bengal, INDIA  
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### Kagyu Thekchen Ling Monastery

#### 2024 Rainy Season Retreat: July 21 to September 3rd

**Dedicated to Sponsors and All Beings,  
Well-being, Peace and Harmony in the World.**

Lord Buddha instructed monastics to stay in retreat during the annual rainy season and focus on the three trainings in discipline, samadhi, and wisdom. Observing the retreat is upholding Lord Buddha's instructions and carrying on the age-old tradition of practice of more than 2,000 years from the time of the Buddha. Remaining in retreat during the rainy season is in accord with the Buddha's doctrine of peace, non-violence and non-killing. Unnecessary harming and killing of many living beings that multiply and thrive in the wet season and damaging of crops are avoided.

The merits of providing and/or supporting the requisites of the monks observing the Rainy Season retreat are immeasurable. This year, 135 monks will be observing the Rainy Season Retreat at Lava Kagyu Thekchen Ling Monastery. Devotees may participate by making an offering to the 6-week Rainy Season Retreat. Your offering serves to uphold the support the continuity of the Path taught by Lord Buddha.

#### DAILY PROGRAM ~

##### MORNING

- Sojong Vows (gSo Byong)
  - The Sutra on Recollection of the Noble Three Jewels [*dKon mChog rjeDran Gyi mDo*]
- The Dharani of Vajra Vidarana and Ushnisha Vijaya [*Nam Joms Ma Dang rNam ,Gya!Ma'gZungs*]
  - Water Torma offering Ritual including the torma of the wealth deity Zambala [*Chu gT01j*]
    - White Tara Puja [*sGrol dKarj*]
- Recitation of the Litany of Names of Manjushri or Nama Samgiti [*Jam dPal mTsan b,jod*]
  - The Mountain Smoke Offering Puja [*Ri Wo bSang mChod*]

##### AFTERNOON

- Prostrations and Offerings to the Sixteen Arhats [*gNas brTan Pf?yag mChod*]
  - Ritual offering of Tormas to Karmic Creditors [*Lan Ch<sub>a</sub>g<sub>s</sub>gTorMa*]

##### EVENING

- Supplication to Guru Rinpoche to Clear Obstacles and for Spontaneous Fulfilment of Vishes [*Bar Chad Lam Sel, and bSam Pa Lundt-up Ma*]
  - Praises to the Twenty-One Taras [*sGrol Ma N)i Shu rTsagChig Gi bsTod Pa*]
- Buddha Amitayus and Medicine Buddha Mantras [*Tshe gZungs and sManggzungs*]

- Mfahakala Bemakchen and Chakdrukpa Pujas [*mGonPo'igSol Ka and Pfyag D<sub>rug</sub> Pa*]
- Sur Puja [gSur mChod]
- Rituals of Sitatapatra [Dug Kar or White Umbrella and Prajnaparamita Hridaya or Heart Sutra]
  - Ritual of Lion Face Dakini for dispelling obstacles [gDugs Sher Seng gSum Gyi bZlog Pa]
- The Five Prayers of Aspiration and the Aspiration for Rebirth in Buddha Amitabha's Pure Realm.

### Offerings to the Rainy Season Retreat

	Particular Offerings	Indian Rs.
1	Milk Tea	1,500.00
2	Milk Tea and Bread	3,500.00
3	Full-day Meals (Breakfast & Lunch)	20,000.00
4	Lunch	15,000.00
5	Evening Milk	3,000.00
6	Individual Offering to all Sangha (Rs 50 each)	10,000.00
7	Individual Offering to Sangha (Rs 100 each)	20,000.00
8	Butter Lamp Offering (Rs. 10 each)	1080.00
<b>B</b>	<b>General Offering</b>	<b>Any Amount</b>

#### For enquiries, please contact:

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Account Name: Paramita Charitable Trust  
Account No.: 11084242373  
Bank: State Bank of India, Main Branch, New Delhi  
Bank Address: 11, Sansad Marg, New Delhi, 110001, India  
TT Swift Code: SBININBB104  
IFSC Code: SBIN000091

Offerings from outside India may be sent through the R<sub>ig</sub><sub>p</sub>e Dorje Foundations of Hong Kong, Canada, Germany, France and Switzerland. Do contact us for details.

